

Dear 1st Grade Parents/Guardians,

While your students are home we ask that you partner with us in ensuring that their learning continues. Below is a list of activities we recommend your students do daily, for now.



Reading (20 minutes) - if you have access to online resources, your student can log in to [Clever](#) to access district resources such as [Tumblebooks](#) (Kdg-6th), [Newsela](#) (2nd-6th), [Istation](#) (Kdg-6th), or [StudySync](#) (6th grade only). If you have reading materials at home, please encourage your student to read or read to them. There are [additional resources for reading](#) listed online.



Writing (20 minutes)- if you have access to online resources, most of the reading resources have writing prompts that your student can use. They can also just write... a story, their feelings, their thoughts about what they are reading, a letter, an information piece about something on which they are an expert...



Math (30 minutes) - if you have access to online resources, your student can log in to [Clever](#) to access ST Math. A math scavenger hunt is provided to encourage your student to find the math that is all around them.



Social Studies (20 minutes) - if you have online access, you will find two articles in both English and Spanish written at, above, and below grade level for students to read and answer questions about.



Science (minutes)- if you have access to online resources we have developed an activity designed to guide students through the very important science practice of "asking questions. We have put together a special event for U46 students to have their questions answered on Friday, March 20th at 1 pm by author/filmmaker, Rick Woods live via [Youtube live](#). See the documents for details.



Exercise (60 minutes a day) - regular exercise and movement is important to do every day, even if you are stuck inside. Movement helps you reduce stress, build strong bones and muscles, and helps you be ready to learn! Try to get 60 minutes of physical activity every day.



Art/Music (20 minutes) - your student may select from the activities included in the handouts and available online. Exercising your creativity allows you to express yourself and your emotions.



Playtime (20 minutes) - "playing" builds 21st-century skills, such as problem-solving, perseverance, critical thinking, collaboration, communication, creativity and citizenship



Share something you did (10 minutes)- talk with your student about what they are reading, feeling, doing, and/or learning



Social Emotional Learning - Encourage continued social emotional development with these three learning activities that you can do as a family. [Activity 1](#), [Activity 2](#), [Activity 3](#)



**Special
Education**

Students with IEPs

Cross Cat Resource:

- Students receiving Cross Cat Resource services should access the general education instructional resources that align to their appropriate grade level.
- [Accommodations](#), modifications and graphic organizers are available to assist your child with accessing the general education lessons.

Self-Contained Classrooms:

- Materials downloaded from our Unique Learning System are available for students that are in self-contained classrooms (EN, ILP, MLP):[ULS \(Unique Learning\) for ILP/MLP/EN](#)
- Activities are appropriate for the learning level of each student in these classrooms, with levels 1, 2 and 3 being listed in the bottom right corner of each page.
- Students will require various levels of adult interaction and supervision in order to complete most activities.
- Encourage students to practice daily living skills, such as self-care/hygiene routines, setting the table, planning meals, assisting with laundry, and other functional life skills.
- Activities such as reading together, making a snack, playing games involving turn-taking, or exploring hands-on toys will provide students opportunities to practice social skills and explore creativity.

Students with 504s

- [Accommodations](#), modifications and graphic organizers are available to assist your child with accessing the general education lessons.